

THE DEGREE OF SATISFACTION OF A COUPLE FROM MARRIAGE IN THE FAMILY

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Annotation:

This article examines the scientific aspects of family satisfaction and its manifestations. If the phenomenon of family satisfaction is studied from the point of view of psychological and other social sciences, its effectiveness in strengthening the family can be increased.

Keywords:

Family, marriage, family functions, stability, law, equality, marriage. sociology, demography, ethnopsychology, Avesta, gene pool, acceleration, physiological.

As all modern families, the Uzbek family is experiencing profound changes in the last years too. In combination with positive changes, there are such negative cases as suicide attempts, killings due to jealousy, increased crime among young people, an increase in the indicators of divorces between the couples. Similar facts show that the issue of changing family relationships is one of the most pressing issues of the present time, sociology, demography and especially psychology are putting new challenges before Medical Sciences. The study of family problems, especially the relationship of spouses in the family conducted by N.K.Agisheva 1990, Andreeva 1980, U.E.Alishena made quite a turn in the studies.

Particularly, in the studies conducted by them, there were established such tasks as:

- Identify the specific characteristics of the marriage factors.
- Identify the social and ethnopsychological characteristics of the satisfaction of young families from marriage.
- Determination of mutual disputes between spouses.
- To identify the national and psychological characteristics of sex life in young families.

The family is also a dwelling where all the virtues, intentions, professions that are formed since childhood are realized in the consciousness, behavior of each person, the negation of society.

The study of the satisfaction of the couple in the family from one another and marriage also by scientists from the Eastern countries has led to various conclusions, in particular:

Abdurauf Fitrat in the fate of the family sees the happiness of the land and people with pleasure. Based on these considerations, he argues: "wherever a family relationship relies heavily on discipline and order, the country and nation will also be so strong and orderly." Care about a harmonious person, about his labor and upbringing, about spiritual progress is the main goal of our society. The peculiarity of a person is that the basis of his attitude to Labor, spiritual, ideological and cultural wealth, is formed in the family.

If we have a look to the ancient cults to the "Avesto", according to the saying, the couple's relationship is sufficiently expressed. There were described the attitude to the woman, the role of the woman, her duties, the age at which marriage is established. The marriage contract was concluded and, according to the conditions in it, the woman was entitled to equal rights with her husband on the legal, economic, social, moral side.

The husband brought his wife to his family as an equal, beloved wife and respected person. There is resistance to international families. According to the marriage contract, the husband did not have the right to remarry without the consent of the wife or to take the woman as a servant.

In addition, during the reign of Amir Temur and Temurids, special attention was paid to family relations and raised them to the level of state policy. The young people who built a family by the order of Amir Temur personally saved chilla before the wedding, which means that efforts to understand the meaning of the family in order to avoid the various stressful situations that occur in a person are envisaged the beginning of that time itself. And another psychological aspect of this

is that if a husband and wife do not see each other for a long time or a person has domestic knowledge about the family, he or she will not face an obstacle in solving problems that will arise later in marriage.

This is the basis of the important work carried out in our country in recent years under the leadership of President Sh.M. Mirziyoyev to increase the role of women in state and society building, strengthen the family, bring up young people in the family and education system, improve public health.

Marriage, built on the mutual consent of the guy and the girl who made a vow to marry, and love for each other, will be strong.

It is written in the special literature and observed in the results of the research conducted that according to the process of acceleration observed in humans in the last hundred years, their sexual, physiologic maturation was considered to be two to three years old, the period of sexual maturity of young people about a hundred years ago was 15-16 years old, now it is at the age of 12-13.

Thus, the family is an educational institution, and the future of the individual depends on how the upbringing is carried out in this dwelling, on what kind of attitude the considered educator to his duties and responsibilities. The responsibly approach of each person in the family to his duties is a factor of achieving family well-being and social well-being.

The role of families in the development of any society is invaluable, because just as the health of a living organism depends on the health of each of its constituent cells, so the family plays a vital role in the development of any organism. The presence of each family is a positive psychological climate, the role of the family in human development, which is formed in this environment as a person who came to the world, and then as a citizen of the state in which he lives, is a decisive factor, ensuring the development of economy and social life.

Now, when the threat of economic, social, political, environmental, internal and external factors poses a serious threat to our society, human development and independence of mankind, it is an urgent to ensure the stability of families and prepare young people to family life is a top issue at the level of the state, government, which requires an extremely serious approach that does not allow procrastination. Every citizen of our society, students and parents are equally responsible for the successful implementation of this.

List of used literature:

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