

THE FIRST WOMAN IN THE HISTORY OF UZBEK CHESS IS AN INTERNATIONAL GRANDMASTER

Abdulatipova Zarnigorkhon Alisher qizi,
10th grade student of secondary school No. 9,
Abdulatipova Shakhnozahon Alisher qizi,
3rd year student of Fergana State University,
Department of Biology and Teaching Methods.

Annotation: Chess is closely connected with the history of mankind. Information about the first grandmaster of the period Nafisa Muminova. She is the first female international grandmaster in the history of chess in Uzbekistan. In 2013, the World Chess Federation announced that he had been awarded the title of "International Grandmaster".

Keywords: Chess, coach, international grandmaster, chess board, master of sports, points.

At the outset, I would like to emphasize that chess originated in China one and a half thousand years ago, in parallel with humanity. But Indians and Uzbeks are also claiming the homeland of chess. Two years ago, at an international tournament in Tashkent, then-FIDE President Kirsan Ilyumzhinov said there was clear evidence that chess originated in Uzbekistan. It is known from history that chess and similar games were played in Central Asia, including in the palaces of rulers in the territory of today's Uzbekistan. Chess was especially popular among the Khorezmians, Temurids and Baburids. Of course, chess was different from chess played 2,000 to 1,000 years ago. But it is clear that the position and form of this mental gymnastics are close to each other. According to official data, in 1886 the first World Chess Championship was organized among men. The Women's World Cup has been held since 1927.

Chess is a complex sport that requires a lot of mental work. It sharpens the human mind, strengthens the worldview, the memory. It is very useful, especially for children. By the way, chess is now included in the curriculum of secondary schools in our country. There is no doubt that this will have a positive effect on the education of boys and girls. True, there are problems with coaches, there is a shortage of qualified specialists. The Uzbek chess school plays an important role in the development of modern chess.

In particular, after the independence of our country, there has been a great opportunity for the representatives of mental gymnastics to demonstrate their potential in the international arena. At the World Chess Championship in Tripoli, Libya in 2004, our compatriot Rustam Kasimjanov was awarded the title of World Champion, the greatest achievement in the history of Uzbek chess. There are only a handful of intellectual gymnasts in the history of international chess who have won world championships. It is no exaggeration to say that Uzbek women also teach chess. In Kokand, Fergana region, for example, a family of chess players is famous. This tradition, passed down from their ancestors, is highly valued by today's generation and is sincerely followed. Sisters Nafisa Muminova, Hulkar and Gulruhbegim Tohirjonova (both from the same family) from this

family of chess players are famous among Uzbek chess players. In particular, the achievements of Nafisa Muminova, the eldest child of the family, have shown to the world that our women have great intellectual abilities.

Nafisa was born on February 1, 1990 in the village of Qumbosti, Fergana region, Uzbekistan district. He has been learning the secrets of chess since he was four years old. Nine-time Uzbekistan in different age groups, three-time champion of our country among women. Internationally, he is a two-time winner of the Central Asian regional tournament and a participant in the World and Asian Championships. He is one of the athletes who has been defending the honor of our country in a number of major competitions and raising the flag of our country. In particular, he won silver and bronze medals at the Asian Games, the largest sporting event on the continent. He also holds the top of the podium at the Central Asian Cup and international tournaments dedicated to the memory of Georgy Azamov. She currently has the highest ranking score in Central Asia among women. It is no coincidence that Nafisa is interested in this sport. In the house where Nafisa was born, chess is played every day, there are discussions and debates about the power and potential of black and white pieces. Growing up in such an environment, the girl fell in love with white and black grains from the age of three. With the help of his parents, he diligently learned to play chess. She has always said that her first chess teacher was her father. Nafisa later studied at a chess school in Kokand under the guidance of Anvar Aliyev. After being called up to the national team, he learned from Anton Filippov the endless secrets of "wrestling" on the board.

In 2007, he won first place in the regional qualifiers and qualified for the World Cup. In this tournament, which is attended by 64 of the strongest chess players in the world, he defended not only the name of Uzbekistan, but also the honor of our region. Because she won the only ticket to the Central Asian region and became the first Uzbek woman to participate in the World Championships among adults. He has been participating in international chess tournaments for more than a decade. She was in the top four at the 2010 Under-20 World Championships. In 2011, she won the I Central Asian Cup and in 2012, the Tashkent Open International Chess Tournament among women. - The fifth world champion in the history of chess (1962-1978) Nona Gaprindashvili, another winner of the world championship (1978-1991), nine-time Olympic champion Maya Chiburdanidze. Along the way, he diligently learns the combinations and unique tactics created on the chessboard.

It should be noted that Uzbekistan has a great deal of experience in supporting children's chess. It is paying off: our children are participating in international competitions for children and teenagers, world and Asian championships, chess olympiads. They are coming back to win the championship. There are at least some girls among them. But for some reason, when they grow up and become adults, they disappear.

Why? Of course, it is difficult to answer this question suddenly. There are several reasons for this. Raising athletes like Nafisa Muminova does not happen by itself. There is a need to improve the attention and conditions for adults to take first place in the world championships and the Olympics. It is advisable to organize regular national championships for men and women and find specific ways to encourage the winners.

May, 25th 2021

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